



4TH ANNUAL FCDAC, INC. RED RIBBON 5K RUN/WALK

Saturday, October 31, 2009 @ 9AM
Race Day Registration: 7:45 – 8:45 a.m.
Penn State Fayette - The Eberly Campus
Rain or Shine

Registration fees:

Early Bird Special (postmark by September 19, 2009)	\$12 (\$10 student)
Pre-registration (postmark by October 19, 2009)	\$15 (\$12 student)
Registration (postmark after October 19, 2009 and race day)	\$18 (\$15 student)

Please make checks or money orders payable to FCDAC, Inc.

Mail to: 100 New Salem Rd., Suite 106, Uniontown, PA 15401

Please Note in MEMO section: 5K Run/Walk

FOR MORE INFORMATION, PLEASE CALL 724-438-3576 EXT: 165

Runner and Walker Categories:

Ages 14 & under; 15-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70 and over

Runner and Walker Awards:

Top 3 male and female overall runners and walkers - Top 2 male and female runners in each age category

Top 2 male and female walkers in each age category

Finishing times will be posted on race day at the site. Please check at the site for your finishing time.

Full Name _____ Address _____

Phone number _____ Date of Birth _____ Age as of 10/31/09 _____ Sex _____

Circle one: Runner Walker

T-shirt size: S M L XL XXL (Additional \$3.00)

T-shirts are not guaranteed after October 19, 2009. If you are pre-registered for the event and not in attendance, your t-shirt will be held for one-week following the race. T-shirts will not be mailed.

WAIVER: In consideration of my entry being accepted in the Red Ribbon 5K Run/Walk, I waive myself, my heirs, executors, and assigns, any all claims for damages or injuries I may receive during this contest. I am in good physical health and agree to all rules and regulations of this event. Permission is granted to release any photos that include my image. **NO PETS are allowed on campus.**

Signature: _____ Date: _____

Parent or legal guardian signature if entrant is under 18: _____