



## **Suggested Red Ribbon Week Activities**

Hand out PA START and PA STOP information.

Have an in-class coloring/drawing contest for drug and alcohol.

Arts and Crafts in the classroom.

Red Ribbon School Rally – Everyone Wears red, gathers for speakers and activities.

“Kick drugs to the curb” - Kickball tournament for middle schools- each grade/class is a team. They come up with names like “drug kickers”, “too cool for drugs”, etc.

Put a cap on drugs – hat day.

High School and middle school– Essay contest.

Your school is drug free – wear school colors.

Lei off Drugs – School provides leis to students.

Decorate your classroom door contest. Student and teacher activity. Decide on a theme.

I mustache you to not do drugs – wear a mustache – school can provide them, and kids can draw them on.

Neon/Glow day – Schools provide glow sticks to classes.

“Too smart for drugs” – Students can choose their favorite book (should be able to access school library for this as well). Bring it to class and explain why it is their favorite book.

Future is too bright for drugs! – Talk about what students want to be when they grow up and incorporate how using drugs and alcohol can affect their future.

Say No to Drugs? BINGO – play a bingo game. Fill in cards with ways to say no to drugs and how doing drugs can be avoided. Put pieces of paper in a jar and pick them out with answers on them. Whoever gets bingo first wins.

Charades – Students discuss ways to say no and avoid drugs. Teacher writes them on the board. Then when there is enough, the students can pick one and go in front of the class to act it out so the others can guess.

Trivia about drugs for Middle and High School students. (Kahoot)

